



#### **START**



# STAND LEAVE DOG



#### 63. STAND - LEAVE DOG - DOWN - SIT - RECALL - FINISH.

This exercise requires two signs. The handler and dog stop at the first sign (A) and the handler cues the dog to remain standing. The dog does not sit first. The handler walks to the second sign (B) and turns and faces the dog, approximately 2 metres away. The handler cues the dog to Down, then Sit, then recalls the dog. Once the dog is sitting in front, the handler cues the dog to Finish Left or Right.



# DOWN SIT RECALL

### FINISH R/L



#### 63. STAND - LEAVE DOG - DOWN - SIT - RECALL - FINISH.

This exercise requires two signs. The handler and dog stop at the first sign (A) and the handler cues the dog to remain standing. The dog does not sit first. The handler walks to the second sign (B) and turns and faces the dog, approximately 2 metres away. The handler cues the dog to Down, then Sit, then recalls the dog. Once the dog is sitting in front, the handler cues the dog to Finish Left or Right.



# STAND LEAVE DOG



#### 64. STAND - LEAVE DOG - DOWN ON RECALL - RETURN.

This exercise requires two signs. The handler and dog stop at the first sign (A) and the handler cues the dog to remain standing. The dog does not sit first. The handler walks to the second sign (B) approximately 4.5 metres away. The handler turns and faces the dog and recalls the dog. The handler cues the dog to drop directly into the down aiming to drop the dog approximately halfway. Once the dog is down the handler returns to the dog by passing the dog on the handler's right, turning around behind the dog and moving up into the heel position cueing the dog to heel forward from the down.



# RECALL DOWN RETURN



#### 64. STAND - LEAVE DOG - DOWN ON RECALL - RETURN.

This exercise requires two signs. The handler and dog stop at the first sign (A) and the handler cues the dog to remain standing. The dog does not sit first. The handler walks to the second sign (B) approximately 4.5 metres away. The handler turns and faces the dog and recalls the dog. The handler cues the dog to drop directly into the down aiming to drop the dog approximately halfway. Once the dog is down the handler returns to the dog by passing the dog on the handler's right, turning around behind the dog and moving up into the heel position cueing the dog to heel forward from the down.



### DOWN ON THE MOVE LEAVE DOG DOG DOWN



#### 65. DOWN ON MOVE - RECALL TO HEEL - SEND AROUND.

This exercise requires two signs. As the dog / handler team approach the first sign (A) the handler will cue the dog to drop directly into the down while the handler continues walking. There should be no pause in the handler's pace as they proceed to the next sign (B) which is placed approximately 3 metres away. The handler will stop at this sign. The handler will not turn to face the dog but instead, with his/her back to the dog, will call the dog to move to the heel position. The handler may turn his/her head slightly while cueing the dog to heel. The dog must come promptly, the handler then sends the dog clockwise around behind them as though in a right finish, the handler may pause to allow the dog to regain the heel position as the dog returns to heel the handler and dog heel forward. The dog does not sit. This should be a flowing movement.



# CALL TO HEEL SEND AROUND FORWARD



#### 65. DOWN ON MOVE - RECALL TO HEEL - SEND AROUND.

This exercise requires two signs. As the dog / handler team approach the first sign (A) the handler will cue the dog to drop directly into the down while the handler continues walking. There should be no pause in the handler's pace as they proceed to the next sign (B) which is placed approximately 3 metres away. The handler will stop at this sign. The handler will not turn to face the dog but instead, with his/her back to the dog, will call the dog to move to the heel position. The handler may turn his/her head slightly while cueing the dog to heel. The dog must come promptly, the handler then sends the dog clockwise around behind them as though in a right finish, the handler may pause to allow the dog to regain the heel position as the dog returns to heel the handler and dog heel forward. The dog does not sit. This should be a flowing movement.

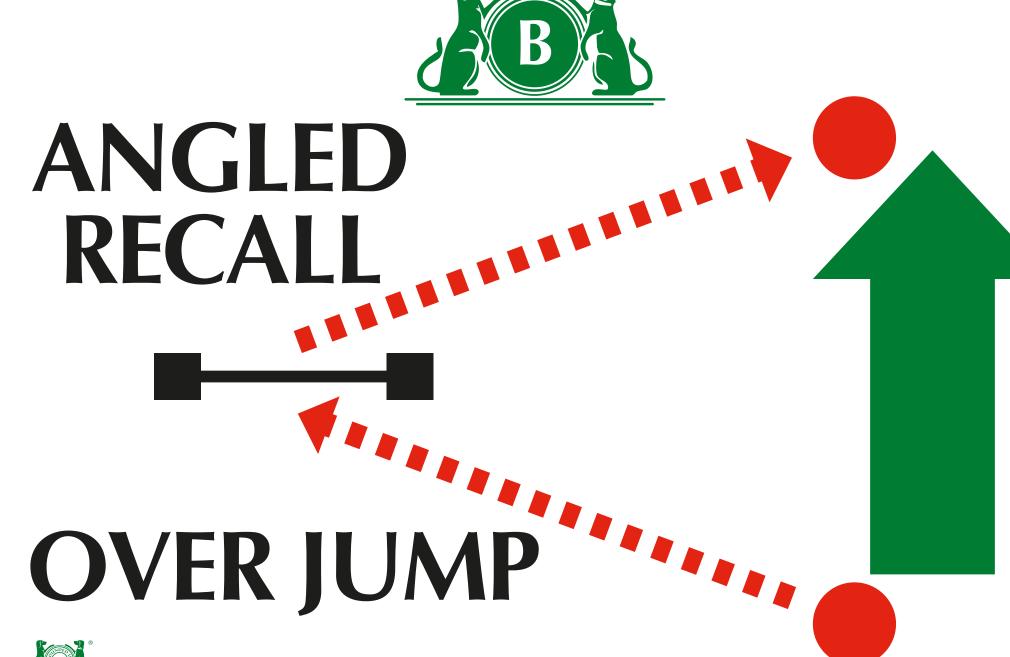


# SIT LEAVE DOG



#### 66. SIT - LEAVE DOG - ANGLED RECALL OVER JUMP.

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler cues the dog to wait then walks to the second sign (B) which is placed approximately 4 metres away from the jump and 1 metre to either the right or left of the jump. The handler turns and faces the dog and cues the dog to jump. The dog must come over the jump and sit straight in front of the handler. The handler then cues the dog to Finish either Right or Left.





#### 66. SIT - LEAVE DOG - ANGLED RECALL OVER JUMP.

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler cues the dog to wait then walks to the second sign (B) which is placed approximately 4 metres away from the jump and 1 metre to either the right or left of the jump. The handler turns and faces the dog and cues the dog to jump. The dog must come over the jump and sit straight in front of the handler. The handler then cues the dog to Finish either Right or Left.



### RIGHT TURN HEEL BACK 2 STEPS



#### 67. RIGHT TURN - BACKUP.

The handler turns to the right, cueing the dog to move with him/her. As they turn they immediately take 2 paces back along the new direction while the dog heels backward with the handler, then the dog/handler move forward. The dog does not sit before backing up.



### LEFT TURN HEEL BACK 2 STEPS



#### 68. LEFT TURN - BACKUP.

The handler turns to the left, cueing the dog to move with him/her. As they turn they immediately take 2 paces back along the new direction while the dog heels backward with the handler, then the dog/handler move forward. The dog does not sit before backing up.





#### **FINISH**

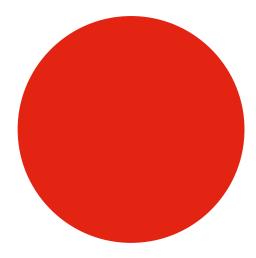




#### BONUS









#### **BONUS EXERCISE 13.**

#### SEND BACK FOR RETRIEVE - FINISH.

Before beginning the course, the handler will give the ring steward or judge a retrieve object (no food or any injurious item). As the dog/ handler team is heeling to the sign, the ring steward or judge will unobtrusively place the retrieve object on the ground approximately 4.5 metres from the exercise sign. This will be done while the dog/ handler team's back is to the steward / judge so the dog cannot see the object being placed. At the sign, the handler and dog will stop with the dog at heel. The handler will take a step forward and turn to stand in front of the dog. They will then send the dog back to pick up the retrieve object and return to the front position. The handler takes the object from the dog and finishes the dog either Left or Right.

NB: in order to achieve the send back the dog does an about turn in front of the handler.



### DIRECTED SEND TO MAT



#### BONUS EXERCISE 14. DIRECTED SEND TO MAT.

The handler's mat is placed into position by the judge or steward after the dog has passed the finish sign, the handler should distract their dog while this is happening. Once the mat is in position the handler and dog team move towards the Bonus Start Sign and heel past it towards the Directed Send to Mat Sign, which will be 2 metres in front and to their left. When they are approximately level with the sign they perform an about turn before stopping with the dog sitting at the handler's side. The handler leaves the dog and walks back to the Bonus Start sign where they turn and direct the dog to go right to the mat which is approximately 1.5 - 2 metres to the dog's left-hand side. When the dog reaches the mat the handler can command the dog to sit or down. Once the dog is settled on the mat the handler walks toward the dog which remains in position until the handler reaches the dog's side, they do not need to walk past the dog first. The exercise is then complete.

The handler's mat should be between 30-75cm wide and 35-100cm long.

NB: A portion of the dog's body needs to be on the mat, it is not necessary for the dog to be centred on the mat.



BONUS



#### **BONUS EXERCISE 15.**

#### SEND AROUND POLE - LOOP TO HEEL - FORWARD.

The handler and dog stop at the sign with the dog sitting at heel. The handler cues the dog to go forward to a pole or large cone 1.5 metres in front, the dog performs a circuit by looping around the pole to their right, returning and looping behind the handler to return to heel. As the dog reaches the side of the handler it does not sit but is cued directly to heel as the handler performs an about turn right. This should be a flowing movement ending with the dog and handler heeling back past the Bonus Start sign. The exercise is then complete.